

The Sacred Scale for Healing

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Abstract:

This workshop introduces participants to the Sacred Scale as a modality for healing with music. The Sacred Scale is 9 specific frequencies, all in tune with the laws of nature, which heal more powerfully than the diatonic scale. I will demonstrate the techniques and effectiveness of the Sacred Scale for healing. Participants will receive handouts describing techniques, worksheets for recording their own experiences and the opportunity to discuss the effectiveness and implementation of this technique. The workshop proceeds in three sections in which I will present our research findings and discuss the history of this type of practice; demonstrate a session of Sacred Scale healing; and discuss the experiences of the group, as well as answer any questions.