

When to refer patients/clients to a music therapist

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Abstract

1. Background – Lillieth Grand, MS, MT-BC is Music Therapy Program Coordinator at Primary Children’s Medical Center, an Intermountain Healthcare hospital, in Salt Lake City, Utah. She has practiced music therapy for over 18 years specializing in pediatrics.

2. Aims – To educate participants about when to include music therapy in their treatment team. The music therapists at PCMC have developed a tool to help other medical professionals make appropriate referrals called the “Prioritization of Need Scale for Music Therapy”. This tool will be presented as well as the positive results of PCMC utilizing the tool.

3. Method – Use of the “Prioritization of Need Scale for Music Therapy” tool.

4. Results – increased number of appropriate referrals, increased knowledge by medical staff about music therapy and what music therapy can do for their patients

5. Conclusions – medical professionals should utilize this tool in order to know when to include a music therapist as part of the treatment team.

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