

The Listening Program: A music-based listening therapy

Alex Doman, The Listening Program

Music-based listening therapy is an emergent field with its roots in otolaryngology in France starting in the mid twentieth century. Therapists and educators alike are embracing the idea that acoustically modified music can play a key role in improving patient and student performance in particular children and adults with developmental, learning, and cognitive challenges. This workshop will introduce an evidence-based acoustically modified music intervention called The Listening Program®, which is used by over 5,000 trained healthcare providers and educators worldwide. Case studies, theoretical basis, supportive research, and applications for this effective, easy-to-use and mobile treatment will be explored. The Author can be reached at alex@advancedbrain.com